



# Trustees' Annual Report for the period

Period start date		Period end date	
From	1 May 2017	To	30 April 2018

## Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Peter Dominic Newby	N/A	Whole year	
2	Hannah Lucy Jennings	N/A	Whole year	
3	Sylvia Berko	N/A	Whole year	

### Name of chief executive or names of senior staff members (Optional information)

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	Deed of trust dated 31 December 2010
How the charity is constituted <i>(eg. trust, association, company)</i>	Trust
Trustee selection methods <i>(eg. appointed by, elected by)</i>	Pursuant to clause 9 of the charity's governing document, the power to select and appoint additional or replacement trustees lies with the Trustees. In selecting new or replacement trustees, the Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the charity and in making the appointment, the Trustees must pass a unanimous resolution in favour of the appointment,

## Section C

## Objectives and activities

### Summary of the objects of the charity set out in its governing document

The objects of the charity, as set out in its governing document, are the relief of physical or mental illness or mental or emotional suffering of persons living or working in England and Wales, but in particular those living or working in the City of London and the surrounding area of Greater London, caused by difficulties connected with pregnancy, pregnancy loss or parenthood.

### Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The activity carried out by the charity in furtherance of its objects is the provision of counselling and psychotherapy by appropriately-qualified and supervised staff and volunteers in accordance with the requirements of the British Association of Counselling and Psychotherapy, by which body the charity is accredited. The service is provided free of charge.

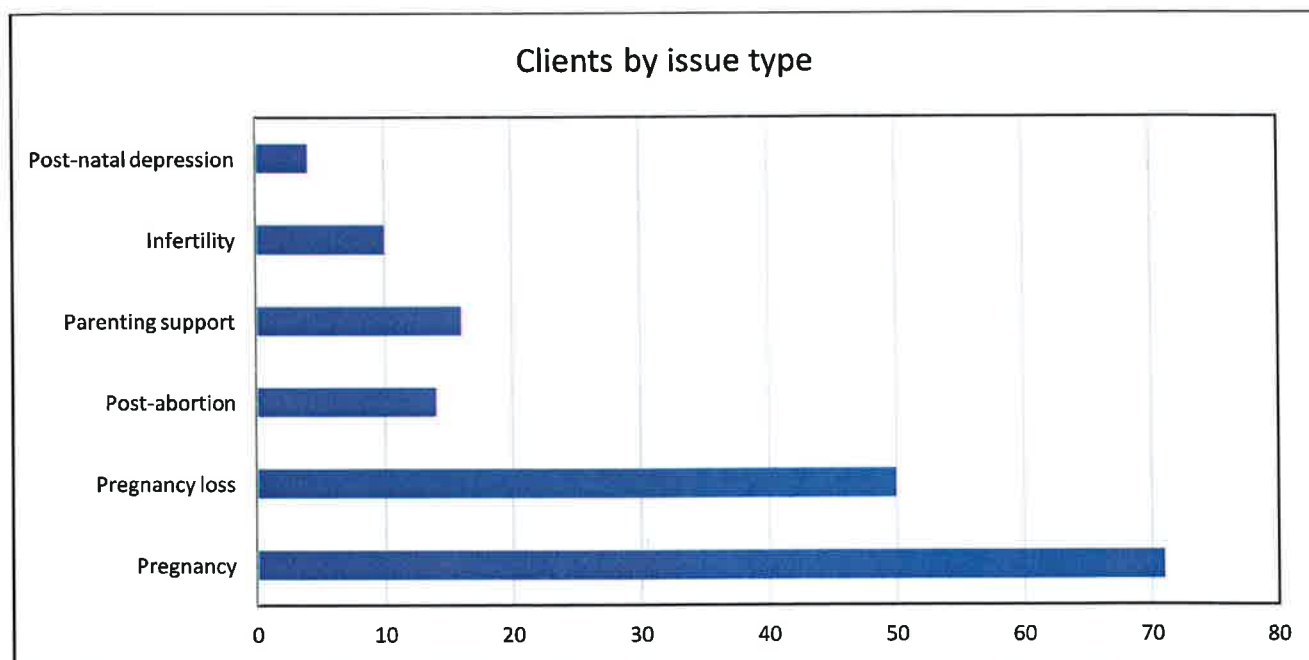
In support of its main activity, the charity also organises training sessions for its volunteer counsellors on topics relevant to pregnancy, pregnancy loss and early years parenting.

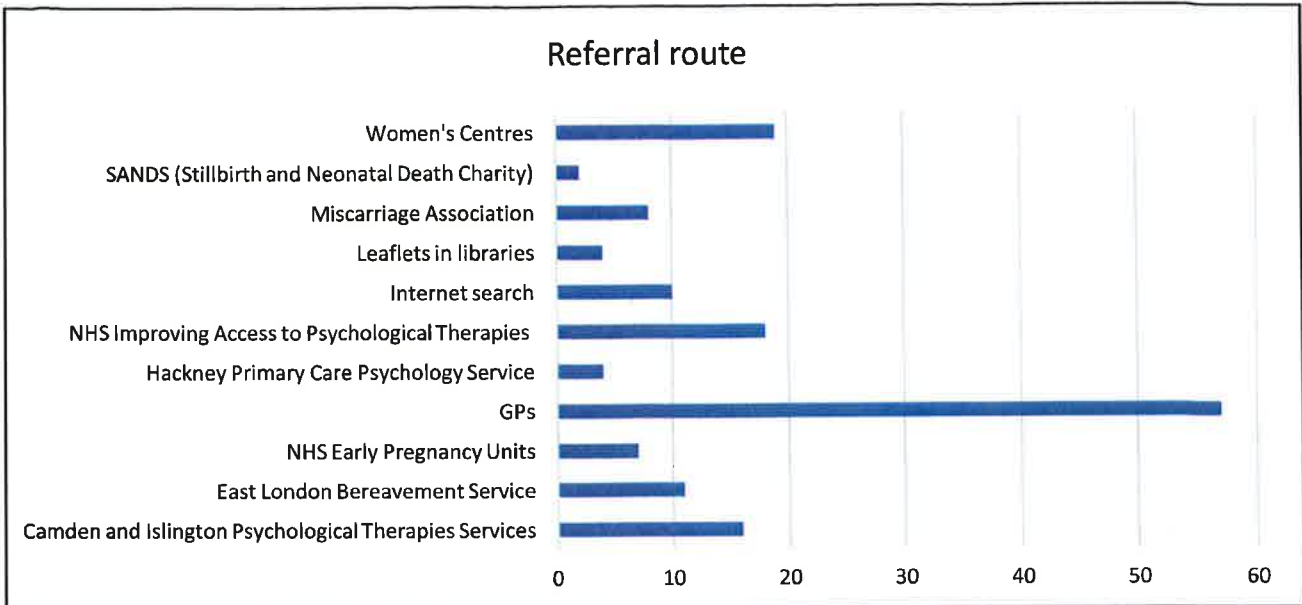
In setting the charity's objectives and planning its activities, the Trustees have had regard to the Charity Commission's guidance on public benefit in general and in particular that relating to the advancement of health and the prevention or relief of poverty.

## Section D

## Achievements and performance

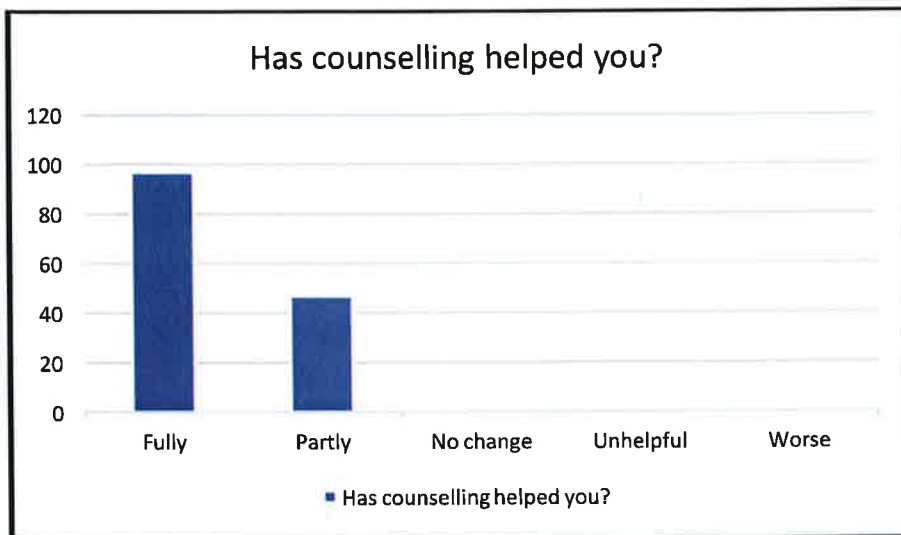
From 1 May 2017 to 30 April 2018 CPCP saw 165 clients.





During 2018, the trustees collated the results of the evaluation forms voluntarily submitted by 146 clients upon coming to an end of their counselling at CPCP since 2013.

The analysis showed that the charity is performing well and achieving its objects. A selection of example responses are reproduced here.



## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The Trustees do not have a formal policy on reserves but do monitor funds with the aim of ensuring that costs can be met for a period of five months.

### Details of any funds materially in deficit

None.

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal source of funds in the year were grants from charitable trusts and donations by private individuals. In particular, the trustees would like to thank the following charitable organisations for their support:

- The Westminster Roman Catholic Diocese
- The Catholic Bishops Conference of England and Wales
- The Trustees of Sir Harold Hood's Charitable Trust
- The Trustees of the Philip King Charitable Trust
- The parish of St Mary Moorfields



Total funds received during the year were £42,132, of which £36,962 was used to meet the charity's operating costs (in total amount £36,962) and the balance was carried forward to the next financial year.

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

### Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	PETER NEWBY	HANNAH JENNINGS
Position (eg Secretary, Chair, etc)	TRUSTEE	TRUSTEE
Date	16.01.2019	



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

City Pregnancy Counselling & Psychotherapy

**On accounts for the year  
ended**

30 April 2018

**Charity no  
(if any)**

1140992

**Set out on pages**

1-2

*(Remember to include the page numbers of additional statements)*

**Respective  
responsibilities of  
trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider that an audit is not required for this year under section 144 of the Act and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the applicable Directions given by the Charity Commission (under section 145(5)(b) of the Act, and
- to state whether particular matters have come to my attention

**Basis of independent  
examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent  
examiner's statement**

In connection with my examination, no material matters have come to my attention (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:**

12 Dec 2018

**Name:**

Veronica Fulton

**Relevant professional  
qualification(s) or body  
(if any):**

FCA

**Address:** 108 Cranbrook Road, London W4 2LJ

**Section B Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**



CHARITY COMMISSION  
FOR ENGLAND AND WALES

City Pregnancy Counselling and Psychotherapy

1140892

## Receipts and payments accounts

CC16a

For the period from	01.05.2017	To	30.04.18
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### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Charitable Donations	40,553	-	-	40,553	41,252
Paypal Income	329	-	-	329	664
St Mary Moorfields	1,250	-	-	1,250	1,200
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>42,132</b>	<b>-</b>	<b>-</b>	<b>42,132</b>	<b>43,116</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>42,132</b>	<b>-</b>	<b>-</b>	<b>42,132</b>	<b>43,116</b>
<b>A3 Payments</b>					
Staff Costs	26,016	-	-	26,016	25,518
Training Costs	2,003	-	-	2,003	2,180
Telephone	1,742	-	-	1,742	3,062
Rates and Utilities	1,395	-	-	1,395	2,167
Office Expnses	2,100	-	-	2,100	6,425
Household	1,333	-	-	1,333	-
Maintenance	551	-	-	551	975
Catering	1,536	-	-	1,536	-
Sundry Expenses	286	-	-	286	1,294
<b>Sub total</b>	<b>36,962</b>	<b>-</b>	<b>-</b>	<b>36,962</b>	<b>41,621</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>36,962</b>	<b>-</b>	<b>-</b>	<b>36,962</b>	<b>41,621</b>
<b>Net of receipts/(payments)</b>	<b>5,170</b>	<b>-</b>	<b>-</b>	<b>5,170</b>	<b>1,495</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>5,170</b>	<b>-</b>	<b>-</b>	<b>5,170</b>	<b>1,495</b>



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash held in bank account	17,489	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>17,489</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval